

Living Well, Caring Well, Working Together

SPECIALTY DOCTOR

Job Description

SPECIALTY DOCTOR
IN CHILD AND ADOLESCENT PSYCHIATRY
(8 sessions per week)
IN THE CHILDREN, YOUNG PEOPLE & FAMILY
HEALTH DIRECTOATE

CARDIFF AND VALE UNIVERSITY HEALTH BOARD

JOB DESCRIPTION

SPECIALTY DOCTOR IN CHILD AND ADOLESCENT PSYCHIATRY

1. THE HEALTH BOARD

Cardiff and Vale University Health Board was established in October 2009 and is one of the largest NHS organisations in the UK. We have a responsibility for the promotion of health and well-being of around 475,000 people living in Cardiff and the Vale of Glamorgan, the provision of local primary care services, running of health centres, community health teams, hospitals – providing treatment and care when health and well-being isn't the best it could be.

We are increasingly focusing the planning and delivery of our care based on neighbourhoods and localities to help ensure people receive care as close to home as possible where it is safe and effective to do so. We also provide specialist services for people across South Wales and in some cases the whole of Wales.

The Health Board also serves a wider population of 2.5 million people across South and Mid Wales and manages a number of services of a regional and sub-regional nature namely cardiology, cardiac surgery, PICU, neurology, neurosurgery, medical genetics, bone marrow transplantation, renal transplant and toxicology. On-site services include 24/7 PCI, stroke thrombolysis, ophthalmology, maxillo-facial, trauma, general medicine, general surgery, urology and paediatrics. From September 2020, University Hospital of Wales was designated as the first Major Trauma Centre to launch in Wales.

Cardiff and Vale University Health Board's hospital sites include: Barry Hospital, Cardiff Royal Infirmary, Children's Hospital for Wales, University Hospital Llandough, Rookwood Hospital, St. David's Hospital, University Dental Hospital, and University Hospital of Wales.

Phase II of the Children's Hospital for Wales was completed in 2015 and has seen re-development and consolidation of all paediatric specialities into a dedicated Children's hospital with five theatres, PICU, Medical and Surgical Wards OPD, Radiology and an admission and assessment unit.

We are also a teaching Health Board with close links to Cardiff University which boasts a high profile teaching, research and development role within the UK and abroad; and enjoy strengthened links with the University of South Wales and Cardiff Metropolitan University. Together, we are training the next generation of clinical professionals.

1.1 Values & Behaviours

Cardiff and Vale University Health Board has an important job to do. We all want to do this to the best of our abilities – but we know that good intentions are not always enough.

At Cardiff and Vale University Health Board our values and example behaviours are:

We care about the people we serve and the people we work with	Treat people as you would like to be treated and always with compassion
We trust and respect one another	Look for feedback from others on how you are doing and strive for better ways of doing things
We take personal responsibility	Be enthusiastic and take responsibility for what you do.
We treat people with kindness	Thank people, celebrate success and when things go wrong ask 'what can I learn'?
We act with integrity	Never let structures get in the way of doing the right thing .

Our values guide the way we work and the way we behave with others. Post holders will be expected at all times to behave in accordance with our values demonstrating commitment to the delivery of high-quality services to patients. These can also be closely aligned with the principles of 'Good Medical Practice' standards as published by the General Medical Council.

The Health Board is committed to ensuring that the staff they employ have values and behaviours which are aligned with those of the organisation, thereby ensuring that appointees will be able to make an ongoing contribution to the positive culture of the organisation and meet the required standards of behaviour to patients, carers and the public and to one another.

As part of the UHB's commitment to Values Based Recruitment, interview candidates can expect to be asked questions which encourage them to talk about themselves and provide insight into their personal values and behaviours.

1.2 NHS Wales Core Principles

The NHS is about people, working with people, to care for people. NHS Wales values all its staff – from Wales, the UK, EU and non-EU foreign nationals. As part of NHS Wales' ongoing commitment to strengthen the values and behaviours of Health Boards and Trusts, the following Core Principles have been developed which further help staff respond better to the demands for its services:-

- ✓ We put our patients and users of our services first
- ✓ We seek to improve our care
- ✓ We focus on wellbeing and prevention
- ✓ We reflect on our experiences and learn
- ✓ We work in partnership and as a team
- ✓ We value all who work for the NHS

These Core Principles describe how everyone within NHS Wales is expected to behave and help us all to achieve the highest quality in everything we do.

2. THE HEALTH BOARD STRUCTURE

Interim Executive Medical Director: Dr Richard Skone

Medical & Dental services are delivered via 7 main Clinical Boards: -

Medicine	Surgery
Specialist Services	Clinical Diagnostics & Therapeutics
Children & Women's Services	Primary, Community & Intermediate Care
Mental Health	

This post sits within the Children's and Women's Clinical Board.

Clinical Board Director – Dr Sandeep Hemmadi
Clinical Board Head of Operations & Delivery – Cath Wood

Clinical Director – Dr Jane Jones
Directorate Manager – Becci Ingram

3. THE JOB ITSELF

This new post has been developed through a combination of new money and reconfiguration of existing vacant sessions as we have responded to flexible working needs of our existing team and changes to job plans to better support our transformational agenda.

Post: Specialty Doctor in Child and Adolescent Psychiatry

Base: Emotional Wellbeing and Mental Health (EWMH)

Children, Young People and Family Health Directorate,
St David's Children's Centre, Cowbridge Road East, Cardiff,
CF11 9XB

Other Locations at which duties to be performed:

Llandough Children's Centre or other locality clinics in Cardiff

In view of the fact that the Health Board is currently undertaking a review of its services and the locations at which they are undertaken, it is important to be aware that work patterns may change and the place(s) of duties modified.

Responsible to: Dr Jane Jones, Consultant Child & Adolescent Psychiatrist, Clinical Director

Operationally Responsible to: Ashleigh Trowill, EWMH Care Group Operational Service Manager

Supervisor: Anna Goel, Consultant Child and Adolescent Psychiatrist
Dr Daniela Brazzo, Consultant Child and Adolescent Psychiatrist

Health Board SAS Advocate: Dr Frauke Pelz, Consultant in Medical Genetics

3.1 Names of Senior and Consultant members of the Department

James Feeney Senior Psychologist, Emotional Wellbeing + Mental Health Care group

Ceri Lovell Senior Nurse, Emotional Wellbeing and Mental Health Care Group

There are 6 consultants in the Cardiff & Vale CAMHS:

Dr Claire Ball	Consultant for the Core Intervention Team (0.6 WTE)
Dr Daniela Brazzo	Clinical Lead & Consultant for the Crisis Pathway (Crisis, IHTT and CITT) (0.7 WTE)
Dr Anna Goel	Consultant for the Eating Disorders Team and Core Team (0.7 WTE)
Dr C Hettiarachchi	Consultant for the Crisis Pathway (Crisis, IHTT and CITT) (1.0 WTE)
Dr Jane Jones	Clinical Director & Consultant in Forensic and Drug and Alcohol Team (0.6 WTE including 1 session Tier 3 Forensic)
Dr Fran Norris	Consultant Community Paediatrician in Eating Disorder Team (0.5 WTE)
Vacant Post	Consultant in Core Intervention Team (0.6WTE)

3.2 Other Medical Staff in the Department

- 3.0 Specialty Doctors
- 1-2 Higher Trainees (ST 4-6)
- 1-2 Core Trainees (CT2/3)

The review of services and the implementation of Government initiatives may result in revision to junior staffing levels and support.

3.3 Other Relevant Staff

- Physiotherapy, Speech & Language Therapy, Occupational Therapy, Clinical Psychology – based at St David's Children's Centre
- Children's Centre Nursing Support staff
- Neurodevelopmental Team based at St David's Children's Centre
- District Clinical Child Protection Team and Local Authority Intake & Assessment Team
- Children's 1st Team for Looked After Children
- Child Development Service staff
- Cardiff LA Achievement & Inclusion team

4. THE WORK OF THE DEPARTMENT

The Emotional Wellbeing and Mental Health Care Group

The development of the Care Group since 2020 aims to provide a health system that is more responsive and accessible to our population supporting the government policies of No Wrong Door and Whole System Approach. The service adopted the Choice and Partnership Approach in September 2017 as a model of engagement and clinical assessment that focuses on collaborative ways of working with children, young people and their families to enhance effectiveness and satisfaction. We have a Clinical CAPA lead and the service adheres to the components of CAPA including regular quarterly away days, weekly peer groups and quarterly job planning.

Our Single Point of Access (SPOA) manages queries, advice, consultation and the referral process into our services. This model has reduced the number of referrals though providing accessible signposting and advice to both families and professionals. Contacts with SPOA result in a monthly average of circa 200 young people and families being offered a Choice appointment with our core assessment team. Referrals identified as specifically relating to an Eating Disorder (ED) at SPOA are assessed within the multidisciplinary ED clinic.

The Post Holder will play a role in the onward development of the Eating Disorders team. Working alongside the team, you will provide specialist medical assessment and management, and psychiatric assessment and management to contribute to formulation and diagnosis, and the delivery of care.

The Psychiatry team provide consultation sessions for the wider service to provide advice, manage any necessary medical investigations and identify when and how young people require direct psychiatric input which may result in allocation to partnership work or the offer of one-off joint appointment. The Post Holder would be involved in providing consultation as a psychiatrist in the ED team.

The Post holder would be job planned to provide input into the Eating Disorders Initial Assessment clinic at Llandough Hospital and will have caseholding responsibilities whilst working within the Eating Disorders multi-disciplinary team.

EWMH Care Group Staffing:

- Psychiatry – Consultants, Specialty Doctors and Trainees
- Nursing – Senior Nurse 8a and a team of Band 7, Band 6 and a rotational Band 5 development post.
- Psychology – Consultant Clinical Psychologist, Senior Psychologist 8b and a team of Band 8a, Band 7, Psychology trainee posts and a band 4 assistant psychology post
- Family Therapy – a team of Band 8a and Band 7 systemic therapists
- CAMHS Therapist -Band 7 therapy and CBT posts
- Occupational Therapy – a new band 7 post
- Mental Health workers – band 6 often social work background
- Community Support Workers – a growing team of Band 3 support workers

We have a shared desk policy within the team and utilise flexible working practices including remote working. Office accommodation, administrative and IT support is available for the post holder at St David's Hospital Children's Centre and Llandough Children's Centre.

The redevelopment of our Care Group since 2020 has benefitted from additional Welsh Government funding and there have been major developments in the service with the creation of new teams and improvement to access to Psychological Therapies as outlined below:

The Crisis Team:

A nurse led Crisis assessment and intervention team operating 09:00 to 00:00 hrs 7 days a week. The team provides emergency consultations and assessments for young people at acute risk to themselves to Primary Care, the Emergency Department, Paediatric ward and other agencies including social services and education. The team also provides short follow up interventions. Psychiatric input is currently provided on a rotational basis during normal working hours by the Consultant Psychiatry team and out of hours by regional psychiatric rota hosted by neighbouring Cwm Taf Morgannwg Health Board.

Intensive Home Treatment Team:

A new innovation – this nurse led service utilises the therapeutic assessment and intervention skills of its nurses, occupational therapist and support workers to provide intensive support to families and systems in crisis for up to 12 weeks.

Community Intensive Therapeutic Team:

A high intensity multidisciplinary team working with young people and families with severe and often complex mental illness with the aim of preventing or minimizing hospital admission. The team consists of Consultant Psychiatry, Specialist Doctors, Psychology, Nursing, and support workers and often draws on the expertise of our Family Therapy Team.

Eating Disorder Team:

A developing team providing assessment and treatment for Eating Disorders led by a Clinical Psychologist. A highly skilled multidisciplinary team with psychology, family therapy, nursing, psychiatry, dietician, support worker and recently appointed substantive Consultant Paediatrician. The team work closely with the Core team, CITT, the IHTT, our local Eating Disorder transition service for 16-25 and all Wales Tier 4 Eating Disorder Outreach Service. The team have established and positive relationships with colleagues in the Children's Hospital for Wales.

Forensic CAMHS:

A small flexible team including Psychiatry, Nursing and Therapy with strong links to other health services such as school nursing and SLT, the Forensic Team provides consultation, assessment and brief interventions to both Cardiff and Vale Youth Justice Teams as well as consultation and assessment to other Health professionals across the Directorate. They undertake Specialist Forensic Risk Assessments (SAVRY and JSOAP-II) and maintain strong links with the Tier 4 Forensic Adolescent Consultation team (FACT).

The service adheres to the Mental Health Measure legislation, and the doctor will be expected to care coordinate and complete CTP documentation.

5. CONTINUING EDUCATION

It is important for the appointee to keep abreast of current knowledge/legislation and developments regarding his or her particular speciality. In addition, the appointee would be expected to participate fully in CME/CPD and to pursue specific goals

There is also the opportunity to participate fully in the postgraduate activities within the University of Wales School of Medicine. Within the Care Group there is a monthly CPD training session in addition to monthly psychiatry and monthly directorate all doctors training sessions. The post holder would be expected to participate in this. There are strong links with the Mental Health Board with access to the CPD programme and MRCPsych course.

There is a very active postgraduate training department, which organises medical and dental education led by the Dean of Postgraduate Medical and Dental Education within Health Education and Improvement Wales (HEIW).

Time off for study leave may be granted for education purposes to attend courses at the discretion of the Clinical Director and in accordance with the UHB Policy. This will be subject to the leave being planned well in advance and provided the clinical service is covered. At least six weeks' notice is required. A Study Leave Approval Form must be completed and authorised by the Consultant and Clinical Director.

6. TEACHING

The appointee will be expected to help in teaching aspects of diagnosis, treatment and management of diseases to junior medical staff and nursing staff.

We are a teaching department with strong links to the medical school. We regularly host medical students on both the Child Health and Mental Health placement blocks as well as a thriving demand for Special Study Components. We also host a range of students and trainees from other disciplines. The Post Holder would be expected to provide informal teaching to placement students during clinics as well being encouraged to lead on establishing more formal provision of SSC as we have seen a positive increase in demand.

In conjunction with our care group CPD sessions we are establishing a bank of presentation and video teaching resources that can be utilised by all.

7. RESEARCH

Personal clinical research will be encouraged in addition to participating in current programmes. In particular, participation in the research activities linked to community psychiatry will be encouraged.

8. ADMINISTRATIVE

8.1 You will be responsible for undertaking the administrative duties associated with the care of patients and the administration of the department.



- 8.2 All Employees have an individual responsibility to adhere to the Infection Control Policy and to protect themselves, the patient, visitors and colleagues from the risk of infection. The individual responsibility will include the requirement to attend training at intervals determined by the Health Board and understand Infection Control issues as they pertain to their workplace. They will report any identified infection risk and take necessary precautions/actions to prevent transmission.
- 8.3 Under the provisions of the Data Protection Act 1998 it is the responsibility of each member of staff to ensure that all personal data (information that is capable of identifying a living individual) relating to patients, staff and others to which they have access to in the course of employment is regarded as strictly confidential. Staff must refer to the Health Board's Data Protection Policy (available via UHB intranet) regarding their responsibilities'
- 8.4 Travel as necessary between hospitals/clinics will be required but a planned and cost-effective approach will be expected.
- 8.5 You will be required to participate and contribute to Clinical Audit in line with the Health Board's policy on the implementation of Clinical Governance.
- 8.6 The successful candidate will be encouraged to attend departmental meetings.



9. PROVISIONAL WORK PROGRAMME

PROPOSED WEEKLY TIMETABLE OF PROGRAMMED DUTIES (i.e. regular scheduled NHS activities). The duties described here are provisional and will be the subject of annual review and will form a composite part of the JOB PLAN which will be agreed between the post holder and the Chief Executive or a nominated deputy.

		Sessions	Hours	Hospital / Location	Type of work
Monday	AM	1	4	Llandough Hospital or St David's Hospital	DCC Follow up Clinic
	PM	1	4	Llandough Hospital or St David's Hospital	0.5 DCC 0.5 SPA
Tuesday	AM	1	4	St David's Hospital	Alternate weeks Eating Disorders Team Meeting/ Follow up clinics
	PM	1	4	St David's Hospital or from home	SPA
Wednesday	AM	1	4		
	PM	1	4		
Thursday	AM	1	4	St David's Hospital	Alternate weeks IHTT Team meeting/ Follow up clinics
	PM	1	1	St David's Hospital	DCC ED physical investigations and results Supervision for the ED team
Friday	AM			St David's Hospital	Admin
	PM			Different Locations	Crisis and Urgent Response
Weekend					
On-call					



Notes:

An 8PA work programme will normally comprise eight sessions per week and it is anticipated that the post holder will have 1.5 sessions per week' for supporting professional activities included within this (based on a basic 8PA commitment) subject to a minimum of one session; the remaining sessions will be dedicated to direct clinical care. A full session is normally four hours duration. The notional split of DCC/SPA time will be subject to Job Plan Review and agreement.

All posts in the Health Board are compliant with the European Working Time Directive.

Direct clinical care covers:-

- Emergency duties (including emergency work carried out during or arising from on-call)
- Operating sessions including pre and post-operative care
- Ward rounds
- Outpatient clinics
- Clinical diagnostic work
- Other patient treatment
- Public health duties
- Multi-disciplinary meetings about direct patient care
- Administration directly related to patient care e.g. referrals, notes etc.

Supporting professional activities covers:-

- Training
- Continuing professional development
- Teaching
- Audit
- Job planning
- Appraisal
- Research
- Clinical management
- Local clinical governance activities

10. JOB LIMITATION

At no time should you work at a level exceeding your competence. All medical staff therefore have a responsibility to inform those supervising their duties if they have any concerns regarding this or if they feel that they are not competent to perform a particular duty.

11. REVIEW OF THIS JOB DESCRIPTION IN RELATION TO JOB PLANS

This job description will form a composite part of a Job Plan which will include your main duties, responsibilities and expected outcomes. The Job Plan will be agreed on an annual basis between you and your Clinical Director and confirmed by the Clinical Board Director. In cases where it is not possible to agree a Job Plan, either initially or at an

annual review, the appeal mechanism will be as laid out in the Terms and Conditions of Service.

Annual job plan reviews will also be supported by the appraisal system which reviews a Specialty Doctor's work and performance and identifies development needs as subsequently reflected in a personal development plan.

12. MAIN CONDITIONS OF SERVICE

- 12.1** This post is covered by the National Health Service Terms & Conditions of Service for Specialty Doctors - Wales (2021), as amended from time to time. Details of these may be obtained from the Medical Resourcing & Systems Department.
- 12.2** Subject to the Terms and Conditions of Service you will be expected to observe policies and procedures of the Health Board drawn up in consultation with the profession where they involve clinical matters.
- 12.3** The post is pensionable, unless the appointee opts out of the scheme or is ineligible to join. Remuneration will be subject to deduction of pension contributions in accordance with the Department of Health and Social Security regulations.
- 12.4** The post holder will be managerially accountable, through the Clinical Director, to the Clinical Board Director, and professionally accountable to the Medical Director.
- 12.5** The salary applicable is on the Specialty Doctor – Wales (2021) pay scale and will be specified in the Contract.
- 12.6** The appointee will be required to maintain his/her private residence in contact with the public telephone service.
- 12.7** There must be no conflict of interest between NHS work and private work. All Specialty Doctors undertaking private practice must therefore demonstrate that they are fulfilling their NHS commitments.
- 12.8** The appointee is entitled to 5 weeks' annual leave rising to 6 weeks after two years in the grade. Applications for annual leave must be submitted in writing at least six weeks before the leave is taken. It must also be requested having first taken into account your colleagues leave so as to enable adequate clinical cover to be maintained.
- 12.9** **Appraisal / Revalidation**

All licensed doctors / dentists who are registered with the General Medical Council are required to 'revalidate' every five years in order to maintain their licence to practise. To inform this process, it is important that GMC licensed doctors / dentists participate in the UHB's annual appraisal reviews which are based on the General Medical Council's 'Good Medical Practice' principles and include a Patient and Peer Multi-Source Feedback process. The post holder will be expected to use the Medical Appraisal & Revalidation System (MARS).

13. Health and Wellbeing

We are passionate about creating a happy and healthy working environment and want to help staff improve their physical and emotional wellbeing and help them lead a healthy lifestyle. In order to care for others, it is important that staff take the time to care for themselves. We have a range of benefits available to support staff's health and wellbeing including: The Employee Wellbeing Service, Counselling, Support for those involved in Serious Incidents, Mental health Resources, Occupational Health, Menopause Cafes, Staff Physiotherapy Service, Nutrition & Dietetics Service, cycle to work scheme

Mentoring

To ensure that new staff are comfortable in their new role they are encourage to seek the support of a mentor – **Dr Daniela Brazzo, Consultant Child & Adolescent Psychiatrist**

14. **CONDITIONS OF APPOINTMENT**

14.1 You must provide us with evidence which is acceptable to the Occupational Health Department, that you are not a carrier of Hepatitis B. This would normally be a pathology report from a laboratory in the UK or alternatively a report from another NHS Occupational Health Department within the UK. It will not be possible to confirm this appointment unless this condition is met. Before starting work you may therefore need to attend the Occupational Health Department for assessment. If this is not possible, then you must attend on the day you start work.

14.2 The UHB will require the successful candidate to have, and maintain, full registration with a Licence to Practice with the General Medical Council throughout the duration of the contract.

14.3 As you will only be indemnified for duties undertaken on behalf of the Cardiff and Vale University Health Board, you are strongly advised to ensure that you have appropriate Professional Defence Organisation Cover for duties outside the scope of the UHB, and for private activity within the UHB.

14.4 The Ionising Radiation (Medical Exposure) Regulations 2017

The Ionising Radiation (Medical Exposure) Regulations 2017 impose a legal responsibility on Health Boards for all staff who refer patients for medical radiation exposure such as diagnostic x-rays to supply sufficient data to enable those considering the request to decide whether the procedure is justified.

15. DISCLOSURE OF CRIMINAL BACKGROUND OF THOSE WITH ACCESS TO PATIENTS

It is the policy of this UHB that, in accordance with the appropriate legislation, pre-employment Disclosure Checks are undertaken on all newly appointed Doctors and Dentists. The Disclosure & Barring Service is authorised to disclose, in confidence to the UHB, details of any criminal record, including unspent and spent convictions, cautions, reprimands and final warnings.

Applicants being considered for this post must provide this information on the application form before they can be considered.

Any information disclosed will be treated in the strictest confidence and all circumstances will be taken into account before any decision is reached. The successful applicant will be required to complete a DBS Disclosure Check application form and to provide the appropriate documentation. Applicants should be aware that a refusal to comply with this procedure may prevent further consideration for the post.

16. GENERAL INFORMATION FOR APPLICANTS

- 16.1** Applicants who are related to any member or senior office holder of the Cardiff and Vale UHB should clearly indicate in their application, the name of the member or officer to whom they are related and indicate the nature of the relationship. A candidate deliberately concealing such a relationship would be disqualified.
- 16.2** An offer of appointment will be subject to the receipt of three satisfactory references.
- 16.3** The nature of the work of this post is exempt from the provisions of Section 4(2) of the Rehabilitation of Offenders Act 1974 (Exemption Order 1975). Applicants are, therefore, not entitled to withhold information about convictions under the Act and, in the event of employment any failure to disclose such convictions could result in dismissal or disciplinary action by the UHB. Any information given will be completely confidential and will be considered only in relation to an application for positions to which the Order applies.
- 16.4** Travelling expenses will be reimbursed for only one pre-interview visit, and only then to those candidates selected for an interview. Shortlisted candidates who visit the UHB on a second occasion, say on the evening prior to the interview, or at the specific request of management, will be granted travel and appropriate subsistence expenses on that occasion also. In the case of candidates travelling from abroad, travelling expenses are payable only from the point of entry to the United Kingdom.
- 16.5** Reimbursement of removal and associated expenses will only be offered in exceptional circumstances following consideration and agreement by the Medical Director and in accordance with the criteria as laid out in the Health Board Policy.

17. CARDIFF AND THE VALE OF GLAMORGAN GENERAL INFORMATION

Demography

The county of South Glamorgan has a population of 404,100 distributed between Cardiff and the Vale of Glamorgan: 72% of the population are resident within the Cardiff area; 16% of the population are of school age; 5% under school age; and 18% over working age.

Cardiff

Cardiff, the City and the Capital of Wales, has a typical air of a cosmopolitan city, being the administrative, business, cultural and education centre for Wales.

Cardiff is a city of contrasts. A castle with 1900 years of history stands alongside a modern shopping centre and a spectacular Civic Centre. The development of some 2,700 acres of Cardiff Bay has created a 500 acre lake, 8 miles of waterfront and new commercial and leisure environments.

Westwards the scene changes as you approach the pastoral Vale of Glamorgan, a rich farming area.

The country's 25 mile long coastline contrasts the hustle and bustle of the docks at Cardiff and Barry with the holiday atmosphere of Barry Island and Penarth.

Shopping

Many of Britain's finest department stores fill the pedestrianised Cardiff City centre along with numerous specialty shops. Four excellent shopping malls and seven superb Victorian and Edwardian arcades provide a comfortable shopping environment all year round.

Live Entertainment

There are several theatre groups and Cardiff welcomes many touring companies to the New Theatre, the Sherman Theatres and the Chapter Arts Centre. Concerts and exhibitions are well served by St David's Hall, Cardiff International Arena (CIA) and the Millennium Centre. There are also more than a dozen art galleries and a number of cinemas.

Night Life

Restaurants in Cardiff are excellent and there is a wide choice of night clubs, discos, a jazz centre and pubs.

Sports and Leisure

For sports enthusiasts there is a multitude of facilities available. Cardiff is the home of the National Sports Centre for Wales, which is located in Sophia Gardens. Nearby is the Millennium Stadium, home of the Welsh Rugby team and Ninian Park, Cardiff City Football Club's base. Extensive new facilities have been developed within the new international Sports Village located in Cardiff Bay.

There are eight golf courses in and around Cardiff and facilities for tennis, bowls, rowing, a ski slope and an equestrian centre.

Cardiff also offers peace and relaxation in its magnificent city parks. Bute Gardens alongside the Castle features beautiful formal gardens and lawns stretching out as far as the eye can see – perfect for a picnic or a quiet walk.

Accommodation

Housing to buy and rent is in good supply and there is a wide variety on the market. Prices are generally average for the UK excluding the south east of England. There are a number of new housing estates being built within Cardiff and there are numerous established villages a short journey away.

Education

Both Primary and Secondary schools are excellent. There are 27 well established comprehensive schools in the country, most of which have sixth forms that obtain good examination results. These include 4 Catholic Schools and 2 Church of Wales High Schools. There are also a number of independent schools in the area.

Communications

By Road

Cardiff is linked directly to the National Motorway System. The M4 passes to the north of the city. London is a comfortable drive away. From the north of England, Scotland and the Midlands, the M5 and M50 link with the M4. From the south of England and the south west the M25 and the M5 link with the M4.

Access from Ireland, West Wales and the ferry ports is via the A48 and M4.

By Rail

Cardiff is less than 2 hours from London by Inter-City Service. British Rail operates high speed trains between most main cities connecting with ferry ports and Cardiff. The new Sprinter Service runs from Birmingham, Manchester, Liverpool, Bristol, Southampton and Portsmouth.

By Air

Cardiff has an International Airport with direct scheduled flights from Amsterdam, Paris, Dusseldorf, the Channel Islands, Isle of Man, Dublin, Glasgow and Belfast, with charter flights from Florida, Toronto and European destinations during the summer months. Cardiff (Wales) Airport is located 10 miles to the south west of the City.

18. DATE POST IS VACANT -



19. DETAILS FOR VISITING

Candidates wishing to visit the hospital can make arrangements by contacting:-

Dr Daniela Brazzo
Consultant Child and Adolescent Psychiatrist and Clinical Lead
Tel: 029 21836730

Dr Rebecca Bowen
Principal Clinical Psychologist and Eating Disorder Team Lead
Tel: 029 2183 6730



PERSON SPECIFICATION

Criteria	Essential	Desirable	Measured by
Qualifications	<ul style="list-style-type: none"> • MBBS or recognised equivalent • Eligible for full GMC registration with a licence to practise • Section 12 approved 	<ul style="list-style-type: none"> • Academic excellence (prizes, merits, distinctions etc.) 	Application and pre-employment checks
Experience	<ul style="list-style-type: none"> • Four years' full-time postgraduate training (or part-time equivalent), at least two of which will be in a specialty training programme in a relevant specialty or as fixed-term specialty trainee in a relevant specialty, OR equivalent experience / competencies 	<ul style="list-style-type: none"> • Experience of working in and Eating Disorder service • Experience of working in Neurodevelopmental services 	Application & interview
Skills / Knowledge / Abilities	<ul style="list-style-type: none"> • Evidence of effective team and multidisciplinary working • Effective and demonstrable communication skills in written and spoken English adequate to enable effective communication about medical topics with patients and colleagues • Up to date with current medical practices • Ability to take appropriate clinical decisions when necessary • Understanding of clinical risk management and clinical governance • Values aligned to those of the Health Board 	<ul style="list-style-type: none"> • Audit • Teaching • Computing skills • Research interests relevant to the specialty 	Application & interview
Personal qualities	<ul style="list-style-type: none"> • Motivated and efficient • Able to relate to patients, staff and medical colleagues • Flexible, caring and hard working • Evidence of ability to work both in a team and alone 		Application & interview



Other requirements (e.g. on-call duty)	<ul style="list-style-type: none">• Satisfactory immigration / right to work status• Satisfactory Occupational Health clearance• Satisfactory Disclosure (DBS) check or equivalent		Application and pre-employment checks
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