

PERSON SPECIFICATION

Job Title: Band 8a Lead MBT Practitioner

Essential Knowledge, Skills and Experience Required

- Qualified Registered Mental Health Professional e.g. Nurse, Social Worker, OT, Art Psychotherapist, Clinical Psychologist. Current relevant registration with the NMC or HCPC.
- Degree and Masters level qualification, or equivalent experience
- Post qualification specialist training in MBT. Completion of the MBT 3 day Post Graduate Introductory training in MBT and working towards MBT practitioner status
- Experience of working with people with CEN using an evidence-based approach
- Advanced theoretical and practical knowledge in working with people with a personality disorder diagnosis. Ability to use this knowledge to think systemically/organisationally
- Substantial practice experience in inpatient and/or community settings
- Substantial experience of delivering MBT to people with complex mental health difficulties
- Substantial experience of working alongside multidisciplinary colleagues
- Experience of service development
- Experience of clinical audit or research
- Ability to cope with workload pressure/prioritise workload
- Self-awareness and emotional resilience
- Clear record of ongoing continuing professional development
- Competence in assessing, planning, implementing and evaluating psychological therapies particularly with people with CEN
- Evidence based highly specialist therapeutic interventions with client group and in particular people who might attract the diagnosis of Personality Disorder
- Competence in care co-ordination and risk management, particularly with CEN
- Experience of risk assessment and management
- Psychological assessment skills and knowledge
- Excellent communication skills. Highly developed active listening skills, which allow for reframing and testing of understanding
- Ability to be an autonomous practitioner in working safely, effectively and promoting agency with people with CEN
- Demonstrates substantial experience in delivering supervision, appraisals and ensuring delivery of activity through performance reporting
- Ability to work with other staff to develop skills in working with people with CEN
- Experience of creating and delivering training to enable provision of high standard of teaching at pre and postgraduate level
- Ability to critically consider issues of power and structural inequalities in self, other and organisation

- High degree of self-awareness and reflective capacity, preferably with some experience of personal therapy
- A working knowledge of the key elements of relevant mental health legislation e.g. the Mental Health Act 1983/2007 and the Mental Capacity Act 2005. As well as other relevant legislation
- Ability to write specialist assessment reports and other professional communications
- Ability to use information technology, including internet research. Familiarity with Microsoft programs such as Word, Excel, Teams, PowerPoint. Competence use of electronic record keeping systems
- Demonstrates a willingness to embrace new technology and processes.
- Experience of delivering group work in a mental health setting
- Experience of delivering mental health interventions online, both 1:1 and in groups
- Mobile with the facility to move quickly across a geographically dispersed area with limited access to public transport.
- Empathy for individuals who have experienced mental health problems and ability to cope with behavior, which may be challenging at times.

Desirable Knowledge, Skills and Experience

- Experience of co-production and service user participation
- Relevant R&D or clinical audit work post qualification
- Completion of relevant postgraduate training in working with CEN.
- Substantial experience in a Band 7 post or higher.
- Experience of service Development or Leadership in an NHS context.
- Experience and/or skills in service evaluation.

FURTHER INFORMATION

Should you wish to discuss the role further, please feel free to contact:

Peter Spavin – Sequoia Clinical Lead – 07738264062