# Sequoia Tree Service Summary

#### Our vision:

The Sequoia Tree Service will provide holistic support for people with mental health difficulties associated with Personality Disorders inclusive of Complex Emotional Needs (CEN) across BNSSG. The service promotes wellness and safety and will continue to grow to meet the needs of those within our community.

#### Our aims are to:

- 1. Ensure that people have the **right information and support**, at the **right time**, in the **right place**. This includes challenging stigma and embedding cultural sensitivity throughout the service.
- 2. Deliver high-quality, evidence-based and safe support for those who need it.
- 3. Promote **improved wellness and resilience** throughout the service.
- 4. Work in partnership to give **person-centred and holistic care**; working 'for and with' people rather than doing 'to' people.
- 5. Be accessible and equitable to people who need support, whether diagnosed or not (16+).

# Why is this important?

- People with a diagnosis of, or difficulties associated with, Personality Disorders, inclusive of CEN, are some of the most vulnerable and marginalised members of society.
- There are no commissioned specialist interventions for people with Personality Disorders inclusive of Complex Emotional Needs, at primary care level in BNSSG currently. This has meant that there are no interventions available for those with emerging or mild to moderate difficulties, and people have ended up being referred to multiple services and experienced multiple rejections.
- Often only those with 'severe' difficulties and associated levels of risk of harm to self or others are able to access treatment currently, resulting in inequitable access and outcomes.

# Why now?

 NHS England have committed to developing new and integrated models of primary and community mental health care to support adults and older adults with severe mental illnesses, through the delivery of the NHS Long Term Plan and Community Mental Health Framework.

#### The journey so far:

- System partners across BNSSG, including people with Lived Experience, AWP, VCSE, Primary
  Care (Vitaminds, GPs), ICB and Local Authorities have co-designed an integrated model of
  care for people with difficulties associated with Personality Disorders, inclusive of CEN,
  called the Sequoia Tree Service, to address the current gap in provision.
- The Sequoia Tree Service will be a psychologically informed mental health service dedicated to supporting people with difficulties associated with Personality Disorders, inclusive of CEN, to live well in their communities across BNSSG.
- The Service will operate at a primary care level bringing together additional clinical capacity with VCSE psychosocial support to deliver personalised care which is flexible and responsive to people's individual needs.

# 2020-21 Discovery Phase

The BNSSG Community Mental Health Programme met 1,000+ people who need & provide mental health support (40+ events), and focused work with community partners, to develop the 'Target Operating Model'.

### 2021-22 Co-design Phase

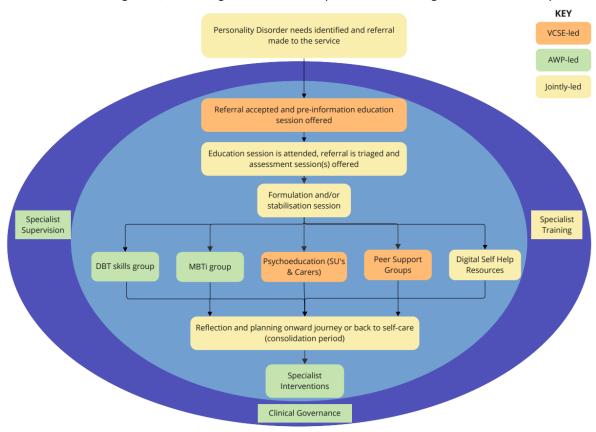
PD / Complex Trauma Steering Group established (co-chaired by Lived Experience lead and Clinical lead), with system partners from across BNSSG to co-design the operating model for difficulties associated with Personality Disorders / CEN.

# 2023 onwards Implementation Phase

Model agreed and Oversight Group established. Procurement of a VCSE partner to co-deliver the service and recuitment of the delivery team underway. Training pilot to build awareness of difficulties associated with Personality DIsorders / CEN before the service is mobilised.

#### Coproduced service model:

- The service model has been co-designed, agreed and recruitment / procurement is underway (approved by the PD/Complex Trauma Steering Group, BNSSG CMH Programme Delivery Board, AWP Clinical Challenge and AWP Finance and Planning Group).
- The approach to this will be for AWP and the VCSE partner to define, subject to a test and learn approach with agreement from the Sequoia Tree Service Oversight Group.
- The service will 'sit' within AWP, operating at a primary care level, but it will be delivered in partnership as one team between AWP and a VCSE partner. As part of this, AWP will be responsible for overseeing the quality of clinical care, financial spend and regular reporting.
- There will be a culture of continuous improvement in the service, and the team will support with building trust, knowledge and relationships with BNSSG, regional and national partners.



• To note: the first implementation phase will deliver high volume, brief interventions, with a focus on people moving through the service and returning to self-care to consolidate their learning (preventative focus). The aspiration will be to broaden this scope to include more specialist interventions (subject to additional integration / financial support in the future).

• AWP indicative staffing structure: agreed in principle and is being finalised within the financial envelope (including estates/overhead costs), with phased recruitment to agree the staffing structure required once the VCSE partner is in place:



- **VCSE**: once procured, the VCSE partner will develop an operational model to deliver this service within the financial envelope (including estates / overhead costs).
- Coproduction: the Sequoia Tree Service is fully committed to ensuring that co-production is
   at the heart of all service design, development, delivery and evaluation. Both AWP and the
   VCSE partner will employ people with lived experience (in both paid and unpaid roles)
   throughout the service, as this both improves the service delivery and can offer hope for
   service users accessing the service.

#### Mobilisation approach for 2023/24:

- The service will be mobilised from **October 2023**. The cohorts / delivery approach will be finalised and agreed with the ICB Business Intelligence team once the service team is in place, and demand and capacity will be monitored as the service is mobilised.
- The roll out of the service across Bristol, North Somerset and South Gloucestershire (BNSSG) will follow the same phasing approach as the Integrated Mental Health Teams (IMHTs), as this will ensure that there is capacity and readiness in the localities. The approach for this is: North Somerset South Gloucestershire Bristol<sup>1</sup>.
- The training pilot will be evaluated and handed over to the delivery team, with learning incorporated.

#### Governance:

- The Sequoia Tree Service Oversight Group / Implementation Groups have been combined to focus on priority actions over the coming months.
- The Delivery Group will be established from September 2023 (once some of the service team are in place and the VCSE partner procured), and this will report to the Oversight Group. There will be support from Hartridge Consulting to establish the new team within the principles/culture developed.

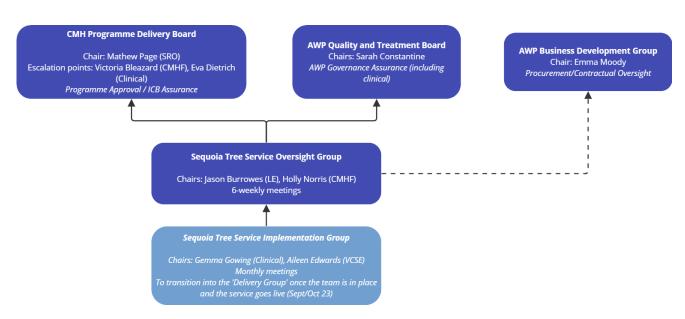
<sup>&</sup>lt;sup>1</sup> There are 2 Locality Partnerships in North Somerset (Weston, Worle and Villages and Woodspring, one in South Gloucestershire and 3 in Bristol (North and West, Inner City and East and South).

# **APPENDICES**

# Priority actions for the next 5 months (May – September):

- VCSE partner procurement (then recruitment, induction and training)
- AWP team recruitment, induction and training
- Demand / capacity modelling
- Training pilot evaluation and handover
- DBT-lite evaluation and handover
- Benefits review agree KPIs
- Equality Impact Assessment
- Define estates and digital requirements
- Stakeholder mapping
- Set-up Delivery Group

#### Governance structure:



If you have any questions with this, please email the team via <a href="mailto:bnssg.mh.community@nhs.net">bnssg.mh.community@nhs.net</a>