

MANYLEB PERSON – ARWEINIAD

Titl y Swydd: Nyrs Cof

	<p align="center">HANFODOL</p> <p align="center">Rhinweddau y mae'n rhaid i ddeiliad swydd feddu arnynt er mwyn cael ei benodi</p>	<p align="center">DYMUNOL</p> <p align="center">Rhinweddau ychwanegol y gellir eu defnyddio i ddewis rhwng ymgeiswyr sy'n cyflawni'r holl feini prawf hanfodol ac sy'n meddu ar yr holl gymwyseddau</p>	<p align="center">DULL ASESU</p>
<p align="center">CYMWYSTERAU</p>	<ul style="list-style-type: none"> ❖ Gweithiwr Iechyd Proffesiynol Cymwys (RMN, RNMH) gyda chofrestrriad cyfredol â'r NMC ❖ Gweithio tuag at lefel gradd gyda phrofiad ôl-raddedig perthnasol ac wedi cwblhau cyrsiau perthnasol yn unol â'r rôl arbenigol. ❖ Yn meddu ar wybodaeth hyd at lefel gradd ac yn gyfarwydd â Chanllawiau NICE, technegau ymarfer seiliedig ar dystiolaeth a datblygiadau/dulliau gweithredu cyfoes ac ymchwil gyfredol ym maes Iechyd Meddwl a Dementia. ❖ Tystiolaeth o ddatblygiad personol a chlinigol ❖ Yn meddu ar wybodaeth arbenigol, ôl-raddedig sylweddol a phrofiad o weithio gydag Oedolion Hŷn. ❖ Yn meddu ar wybodaeth a phrofiad gwych o brosesau asesu ❖ Cynnal safon uchel o ofal sy'n cynnwys llywodraethu clinigol ❖ Yn meddu ar wybodaeth wych am asesiadau risg a 	<ul style="list-style-type: none"> ❖ Profiad o reoli ❖ Cymwysterau rheoli ❖ Cymwysterau arbenigol EE Therapi Gwybyddol Ymddygiadol (CBT). 	<p align="center">Tystysgrifau</p>

	<p>rheoli risg</p> <ul style="list-style-type: none"> ❖ Yn meddu ar wybodaeth a dealltwriaeth wych o Dementia, Deliriwm ac Iselder ❖ Yn meddu ar ddealltwriaeth o'r canllawiau proffesiynol priodol ar gyfer ymarfer. ❖ Yn meddu ar wybodaeth a phrofiad ymarferol o Ddiogelu ❖ Tystiolaeth o ddatblygiad personol a chlinigol 		
PROFIAD	<p>Profiad o weithio gydag oedolion hŷn sydd â salwch organig/swyddogaethol</p> <p>Profiad blaenorol o wasanaeth cymunedol/cof</p> <p>Yn gallu defnyddio amrywiaeth o sgiliau ar gyfer amrywiaeth o weithdrefnau ym maes nyrsio iechyd meddwl</p> <ul style="list-style-type: none"> ❖ Profiad o oruchwylio ❖ profiad ôl-raddedig 	<ul style="list-style-type: none"> ❖ Rhagnodi atodol 	<p>Ffurflen Gais Cyfweliad Geirdaon</p>

<p>GWYBODAETH</p>	<ul style="list-style-type: none"> ❖ Y gallu i arwain tîm ❖ Sgiliau clinigol a sgiliau rheoli ac arwain ❖ Gwybodaeth am ymchwil ac ymyriadau sy'n seiliedig ar dystiolaeth ❖ Gwybodaeth am y Mesur Iechyd Meddwl. ❖ Gwybodaeth am ddeddfwriaeth gyfredol ❖ Cynnwys defnyddwyr a gofalwyr ❖ Sgiliau cyfathrebu effeithiol ardderchog. ❖ Gallu ardderchog i weithio'n annibynnol gan gynnal safonau uchel. ❖ Y gallu i weithredu ar eich liwt eich hun yn ogystal ag fel rhan o dîm. <p>Lefel uchel o asesiadau a llwyth achosion</p> <p>Yn gallu dangos y sgiliau ymgysylltu ardderchog sydd eu hangen wrth weithio gyda chyflwr mor gymhleth a sensitif â Dementia.</p>	<ul style="list-style-type: none"> ❖ Hyfforddiant priodol ar broblemau iechyd meddwl pobl hŷn 	<p>Ffurflen Gais Cyfweliad Geirdaon</p>
<p>Gwerthoedd</p>	<p>Y gallu i gyfathrebu'n glir ac i ddangos parch wrth wrando ar feddyliau pobl eraill.</p> <p>Dangos teimladau trugarog ac empathetig tuag at y demograffig ac aelodau'r teulu ar adegau anodd.</p> <p>Y gallu i flaenoriaethu gwaith Meddu ar frwdfrydedd a hunangymhelliant</p> <p>Sgiliau meithrin cydberthnasau cydweithredol</p> <p>Y gallu i weithredu ar eich liwt eich hun</p> <p>Y gallu i arwain/rheoli tîm</p> <p>Sgiliau cynllunio gofal a datrys problemau datrys problemau da</p> <p>Sgiliau cyfathrebu da yn cynnwys sgiliau TG</p>		<p>Ffurflen Gais Cyfweliad Geirdaon</p>

<p>GOFYNION PERTHNASOL ERAILL <i>(Rhowch Fanylion)</i></p>	<p>Y gallu i deithio o fewn yr ardal ddaearyddol. Y gallu i deithio i leoliadau amrywiol ar fyr rybudd. Yn gallu gweithio oriau hyblyg</p>		<p>Ffurflen Gais Cyfweliad Gwirio dogfennau</p>
<p>GOFYNION O RAN Y GYMRAEG</p>		<ul style="list-style-type: none"> ❖ Dysgu Cymraeg ❖ Siaradwr Cymraeg 	

Person Specification
Job Title: Memory Nurse

	<p style="text-align: center;">ESSENTIAL The qualities without which a post holder could not be appointed</p>	<p style="text-align: center;">DESIRABLE Extra qualities which can be used to choose between candidates who meet all the essential criteria working at full competencies</p>	<p style="text-align: center;">METHOD OF ASSESSMENT</p>
<p>QUALIFICATIONS</p>	<ul style="list-style-type: none"> ❖ Qualified Health Professional (RMN, RNMH) with current NMC registration ❖ Working to degree level with relevant post graduate experience and attendance at courses in line with the specialist role. 	<ul style="list-style-type: none"> ❖ Management experience ❖ Management qualifications ❖ Specialist qualifications EG CBT. 	<p style="text-align: center;">Certificates</p>

- ❖ Working at degree level knowledge with familiarity with NICE Guidelines and evidence based practice techniques and current research and contemporary approaches/development into Mental Health and Dementia.
- ❖ Evidence of personal and clinical development
- ❖ Significant knowledge of specialist, post graduate knowledge and experience of working with Older Persons.
- ❖ Excellent knowledge and experience of assessments process
- ❖ Maintains high standard of care which includes clinical governance
- ❖ Excellent knowledge of risk assessments and risk management
- ❖ Excellent knowledge and understanding of Dementia, Delirium and Depression
- ❖ To have an understanding of the appropriate professional guidelines for practice.
- ❖ Working knowledge and experience of Safeguarding
- ❖ Evidence of personal and clinical development

<p>EXPERIENCE</p>	<p>Experience of working with older adults with organic/functional illness Community/ memory service experience Able to use a range of skills for a range of procedures across mental health nursing</p> <ul style="list-style-type: none"> ❖ Supervisory experience ❖ post graduate experience 	<ul style="list-style-type: none"> ❖ Supplementary prescribing 	<p>Application Form Interview References</p>
<p>KNOWLEDGE</p>	<ul style="list-style-type: none"> ❖ Ability to lead a team ❖ Clinical and management leadership skills ❖ Knowledge of research and evidence-based interventions ❖ Knowledge of the Mental Health Measure ❖ Knowledge of current legislation ❖ User and carer involvement ❖ Excellent effective communication skills. ❖ Excellent ability to work autonomously and independently maintaining high standards. ❖ Ability to act on own initiative but also work as part of a team. <p>High level of assessment and caseload</p> <p>Able to demonstrate excellent engagement skills that are needed when working with the complexity and sensitivity that is Dementia management skills.</p>	<ul style="list-style-type: none"> ❖ Appropriate training in older persons mental health issues 	<p>Application Form Interview References</p>

<p>Values</p>	<p>Ability to both communicate clearly and to listen respectfully to the thoughts of others. To demonstrate compassionate and empathetic feelings towards demographic and family members during difficult times. Ability to priorities work Enthusiastic & self-motivating Collaborative relationship building skills Ability to act on own initiative Ability to lead/manage a team Good care planning and problem-solving skills Good communications skills including I.T skills</p>		<p>Application Form Interview References</p>
<p>OTHER RELEVANT REQUIREMENTS <i>(Please Specify)</i></p>	<p>Ability to travel within geographical area. Ability to travel to various locations at short notice. Able to work hours flexibly</p>		<p>Application Form Interview Document Check</p>
<p>WELSH LANGUAGE REQUIREMENTS</p>		<ul style="list-style-type: none"> ❖ Welsh learner ❖ Welsh speaker 	