

BLACK COUNTRY HEALTHCARE NHS FOUNDATION TRUST

Clinical / Counselling Psychologist

Physical Health Psychology Various Roles

BAND 8a & 8b posts

Full & Part Time flexible working (Dudley, Wolverhampton & Sandwell)

We are pleased to offer this exciting opportunity to develop your career within our friendly and dynamic Physical Health Psychology Service. The Physical Health Psychology Service is a team of psychologists, psychotherapists, and counsellors who aim to assist people in adapting to and developing creative solutions for living with physical health problems. The Black Country Healthcare Physical Health Psychology Service currently operates across 3 geographical areas (Dudley, Wolverhampton and Sandwell and West Birmingham) with a number of contracts in each area. Due to service developments and staff promotions a number of vacancies are available and we would welcome conversations with those who would like to consider a single vacancy or combination of roles.

We welcome applications from experienced clinicians as well as newly qualified (or soon to be qualified) psychologists. The successful applicant will be banded according to their experience and offered an individualised and structured programme of professional development within the role as part of a preceptorship if necessary. Experience of working in a physical health setting is desirable, but we are also keen to hear from applicants who have been working in other specialties, who feel they have transferable skills. The most important qualities are good communication skills, working co-operatively and thinking creatively.

The post holders will benefit from joining a supportive and enthusiastic team of practitioner psychologists and other psychological professionals who utilise a varied range of therapeutic approaches. There are opportunities to engage in CPD and supervision across a range of models, including EMDR, psychodynamic, attachment, humanistic and 3rd wave approaches. In each role you will be working alongside a Principal Psychologist and other applied psychologists and psychological professionals, with support from a Consultant Clinical Psychologist. A robust leadership and supervision structure is in place, alongside operational management.

0.6 WTE GENERAL MEDICINE – Dudley 8a

The general medicine service works with clients and MDT's across a range of physical health specialties including diabetes, weight management, cardiology, gastroenterology and renal services. Psychological input is highly valued and there are close links with each of the teams we support. The role will offer opportunities to provide complex assessments and formulations, 1:1 psychological therapy, joint working with other health care professionals and the provision of supervision, training and consultancy. There will also be opportunities to support the Principal Psychologist in the ongoing development and improvement of the service.

0.54 WTE GENERAL MEDICINE – Dudley 8b

The general medicine service works with clients and MDT's across a range of physical health specialties including diabetes, weight management, cardiology, gastroenterology and renal services. Psychological input is highly valued and there are close links with each of the teams we support. The role will offer opportunities to provide complex assessments and formulations, 1:1 psychological therapy, joint working with other health care professionals and the provision of supervision, training and consultancy.

0.4 WTE Stroke– Wolverhampton 8a

The service provides psychological assessment, formulation and intervention for people with stroke in the Wolverhampton and Seisdon areas. This is provided by means of a) direct work with patients and families, both individually and jointly with other professionals, b) consultation with multi-disciplinary staff, c) training of staff, and d) service developments. You liaise with other professionals working within NHS, Social Inclusion and Health and the voluntary sector on matters relating to client care that have implications for the service.

The service is based at West Park Rehabilitation Hospital and provides psychological input across the entire stroke care pathway. This involves the Stroke Rehabilitation ward, the Early Supported Discharge (ESD) and Outpatient Therapy Services, and the Community Stroke Specialists. It also involves the Acute Stroke Unit (ASU) at New Cross Hospital where consultation is provided for any complex cases.

1.3 WTE Stroke/ Neurological Rehabilitation – Dudley

The Clinical Psychology for Neurological Rehabilitation Service at West Park Hospital provides psychological input including assessment, formulation and intervention to two key areas: the post-acute Inpatient Neuro-rehabilitation Unit (NRU) and the Community Neurological Rehabilitation Team (CNRT). Referrals are accepted from members of the CNRT including Physiotherapists, Occupational Therapists, Speech and Language Therapists, Medical Rehab Consultants and MS Clinical Specialist Nurses. Referrals are also accepted from the Vocational Occupational Therapists who are separate from the CNRT but who often provide vocational rehabilitation to CNRT patients.

0.7 WTE Across PHP – 8a

The Physical Health Psychology Service is a team of Clinical, Counselling and Health Psychologists, Psychological Therapists and Counsellors who aim to assist our service users in adapting to and living well with, physical health problems. The BCHFT Physical Health Psychology Service currently operates across three geographical patches (Dudley, Wolverhampton and Sandwell and West Birmingham) with input to a range of physical health specialties in each area. There are 36 services in total across this geographical area. These include Cancer and Palliative Care, Stroke and Neuropsychology, Paediatrics, Pain, General Medicine as well as some specialist areas such as Behcets Disease and Sickle Cell and Thalassemia.

Due to the growth and development of Physical Health Psychology across the Black Country, we currently have a vacancy for a Senior Clinical/Counselling Psychologist to work across a number of different areas within Physical Health Psychology. This will be a varied and interesting post, with the potential to develop skills and expertise across the range of physical health conditions and settings, so this is an excellent opportunity for someone looking to develop a breadth of experience in

physical health work. We are looking for a highly motivated, enthusiastic and flexible HCPC registered Clinical or Counselling Psychologist to work with us in this role.

0.5 WTE Stroke – Wolverhampton – 8a

The service provides psychological assessment, formulation and intervention for people with stroke in the Wolverhampton and Seisdon areas. This is provided by means of a) direct work with patients and families, both individually and jointly with other professionals, b) consultation with multi-disciplinary staff, c) training of staff, and d) service developments.

The service is based at West Park Rehabilitation Hospital and provides psychological input across the entire stroke care pathway. This involves the Stroke Rehabilitation ward (now Ward 2), the Early Supported Discharge (ESD) and Outpatient Therapy Services, and the Community Stroke Specialists. It also involves the Acute Stroke Unit (ASU) at New Cross Hospital where consultation is provided for any complex cases.

0.8 WTE Stroke/Long Term Neuro – Dudley – 8a

The service provides psychological assessment, formulation and intervention for people with stroke in the Wolverhampton and Seisdon areas. This is provided by means of a) direct work with patients and families, both individually and jointly with other professionals, b) consultation with multi-disciplinary staff, c) training of staff, and d) service developments.

The service is based at West Park Rehabilitation Hospital and provides psychological input across the entire stroke care pathway. This involves the Stroke Rehabilitation ward (now Ward 2), the Early Supported Discharge (ESD) and Outpatient Therapy Services, and the Community Stroke Specialists. It also involves the Acute Stroke Unit (ASU) at New Cross Hospital where consultation is provided for any complex cases.

0.4 WTE Cancer –Sandwell

The post holder will benefit from the professional leadership and peer support within the wider service. You will be supporting the clinical lead, taking responsibility for aspects such as developing psychologically-informed pathways, training and policy development, and working in collaboration and coproduction with specialty teams including active clinical involvement. You will liaise closely with medical, nursing and AHP colleagues within Cancer Services in delivering a highly integrated service. The range of work is diverse, covering outpatient and inpatient settings, joint-working with multidisciplinary colleagues, and supervisory and teaching / training opportunities within and outside of physical health psychology.

0.3 WTE Critical Care Rehabilitation – Dudley

This post involves close working with the Critical Care Rehabilitation Team at Russell's Hall Hospital. This is an MDT which is passionate about ensuring patients who have spent time on Critical Care have thorough follow-up of their varied rehabilitation needs during their inpatient stay. The role offers a mix of attending MDT ward-rounds to screen patients psychological needs following Critical Care admission, 1:1 therapeutic input with inpatients who have spent time in Intensive Care, liaising with and/or making referrals/recommendations to local services including GP's and community Mental Health Teams, to ensure patients continue to be appropriately supported in the community following hospital discharge. Alongside the varied clinical work there are opportunities to provide consultancy to the MDT and hospital Ward Teams.

0.8 WTE SCAT - Sandwell

Within this role you will provide highly specialist psychological assessment of clients with highly complex conditions based on the appropriate use, interpretation and integration of data from a variety of sources, which may include neuropsychological testing. You will be accountable for own professional practice in the delivery of highly specialist psychological care to clients with highly complex psychological difficulties resulting from their sickle cell and thalassaemia.

This is what our staff have said about working in the Physical Health Psychology service:

'The psychology team provided a number of opportunities for broadening experiences, and the roles are varied in nature. For example, there are opportunities to provide supervision, training, reflective practice, team development and individual client work.'

'Thank you for helping me grow – I wouldn't be the psychologist I am today...'

'My experiences enabled me to develop skills in consultation, which in turn helped me to support the development of psychological thinking in the team in which I was working.... in the development of psychological thinking across team meetings, trust wide discussions and broader forums where clinical decision making was involved.'

For informal discussions please contact:

Sam Oakley or Ranjit Nall 01384 366249