

BLACK COUNTRY HEALTHCARE NHS FOUNDATION TRUST

Clinical / Counselling Psychologist

Physical Health Psychology Current Vacancy List

0.7 WTE 26 hours Palliative and Bereavement Dudley

We are pleased to offer this exciting opportunity to develop your career within our friendly and dynamic Physical Health Psychology Service. The Physical Health Psychology Service is a team of psychologists, psychotherapists, and counsellors who aim to assist people in adapting to and developing creative solutions for living with physical health problems. The Black Country Healthcare Physical Health Psychology Service currently operates across 3 geographical areas (Dudley, Wolverhampton and Sandwell and West Birmingham) with a number of contracts in each area. Due to service developments and staff promotions a number of vacancies are available and we would welcome conversations with those who would like to consider a single vacancy or combination of roles.

Experience of working in a physical health setting is desirable, but we are also keen to hear from applicants who have been working in other specialties, who feel they have transferable skills. The most important qualities are good communication skills, working co-operatively and thinking creatively.

The post holders will benefit from joining a supportive and enthusiastic team of practitioner psychologists and other psychological professionals who utilise a varied range of therapeutic approaches. There are opportunities to engage in CPD and supervision across a range of models, including EMDR, psychodynamic, attachment, humanistic and 3rd wave approaches. In each role you will be working alongside a Principal Psychologist and other applied psychologists and psychological professionals, with support from a Consultant Clinical Psychologist. A robust leadership and supervision structure is in place, alongside operational management.

The specialist palliative care psychology service works with the award winning community and hospital specialist palliative care teams, both of which have achieved the Gold Standards Framework (GSF), the highest national standard for end of life care. The role will offer opportunities to provide complex assessments and formulations, psychological therapy for patients and their loved ones, and to work jointly with other health care professionals. The palliative care MDTs are highly psychologically skilled and greatly value the input of the palliative care psychology team via attendance at regular MDTs, as well as the through the provision of regular clinical supervision, consultancy and staff training. There will be ample opportunity to support the Principal Psychologist and work with other psychological therapists in the continuing development and improvement of the service.

0.6 WTE CANCER- Sandwell and West Birmingham

This role will offer the opportunity to provide assessment, formulation and psychological intervention with patients receiving their cancer care in Sandwell and West Birmingham. The post will be within the cancer service, so there will be opportunities for close working relationships with the MDT. In addition, the post is part of a large team of Psychological Professionals working in physical health and

in turn, this team is part of a much wider Trust wide network of Psychological Professionals. This brings opportunities in terms of professional support, access to supervision and professional development.

0.4 WTE 15 hours ICares Stroke Service Sandwell

The service provides psychological assessment, formulation and intervention for people with stroke in the Sandwell and West Birmingham areas. This is provided by means of a) direct work with patients and families, both individually and jointly with other professionals, b) consultation with multi-disciplinary staff, c) training of staff, and d) service developments.

The service is based at Rowley and City Hospitals and provides psychological input across the entire stroke care pathway. This involves the Stroke Rehabilitation ward, the Early Supported Discharge (ESD) and Outpatient Therapy Services, and the Community Stroke Specialists.

1.0 WTE Full time hours Stroke/Neurological Rehabilitation – Dudley

The Clinical Psychology for Neurological Rehabilitation Service in Dudley provides psychological input including assessment, formulation and intervention to two key areas: the post-acute Inpatient Neuro-rehabilitation Unit (NRU) and the Community Neurological Rehabilitation Team (CNRT). Referrals are accepted from members of the CNRT including Physiotherapists, Occupational Therapists, Speech and Language Therapists, Medical Rehab Consultants and MS Clinical Specialist Nurses. Referrals are also accepted from the Vocational Occupational Therapists who are separate from the CNRT but who often provide vocational rehabilitation to CNRT patients.

0.8 WTE 30 hours CHRONIC PAIN MANAGEMENT - Wolverhampton

The Wolverhampton Pain Management Service is an interdisciplinary team of psychologists, pain consultants, clinical nurse specialists, physiotherapists and occupational therapist. The Psychologists in the Pain Management Team are fully integrated and highly valued members of the MDT in this well-established service, and the Post-holder will join a team of supportive and experienced psychologists. The post holder will undertake detailed clinical assessments of patients to determine their psychological needs and treatment within and beyond the service as part of MDT pain clinics. They will plan and provide interventions including individual therapy, joint working with colleagues in the multidisciplinary team and will facilitate an MDT Pain Management Programme. The post-holder will be involved in offering advice and consultation on clients' psychological care to nonpsychologist colleagues, and will also support the Principal Psychologist in the continuing development and improvement of the service.

0.4 WTE 15 hours CANCER- Sandwell and West Birmingham

This role will offer the opportunity to provide assessment, formulation and psychological intervention with patients receiving their cancer care in Sandwell and West Birmingham. The post will be within the cancer service, so there will be opportunities for close working relationships with the MDT. In addition, the post is part of a large team of Psychological Professionals working in physical health and in turn, this team is part of a much wider Trust wide network of Psychological Professionals. This brings opportunities in terms of professional support, access to supervision and professional development.

This is what our staff have said about working in the Physical Health Psychology service:

'The psychology team provided a number of opportunities for broadening experiences, and the roles are varied in nature. For example, there are opportunities to provide supervision, training, reflective practice, team development and individual client work.'

'Thank you for helping me grow – I wouldn't be the psychologist I am today...'

'My experiences enabled me to develop skills in consultation, which in turn helped me to support the development of psychological thinking in the team in which I was working.... in the development of psychological thinking across team meetings, trust wide discussions and broader forums where clinical decision making was involved.'

For informal discussions please contact: 01384 366 249

Consultant Clinical Psychologist Sam Oakley