

Job Description

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| Job Title: | Health Psychologist |
| Job Band: | 7 |
| Department: | Rheumatology |
| Responsible to: | Dr Holly John and Matron Michelle Jinks |

Why join The Dudley Group?

Here at the Dudley Group our patients and staff are at the heart of all that we do to offer a high-quality patient experience in a caring and supportive environment that aligns with our vision of providing excellent health care, improved health for all.

Shaping #OurFuture
 The Dudley Group NHS Foundation Trust

Vision
 Excellent health care, improved health for all

Values
 CARE, RESPECT, RESPONSIBILITY

Goals

- Deliver right care every time
- To be a brilliant place to work and thrive
- Drive sustainability financial and environment
- Build innovative partnerships in Dudley & beyond
- Improve health and wellbeing

Measures of success

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| Care Quality Commission rating good or outstanding Improve the patient experience survey results | Reduce the vacancy rate Improve the staff survey results | Reduce cost per weighted activity Reduce carbon emissions | Increase the proportion of local people employed Increase the number of services jointly delivered across the Black Country | Improve rate of early detection of cancers Increase planned care and screening for the most disadvantaged groups |
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Programmes

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| Black Country system service transformation | Local leadership to address health inequalities | Research and development, education and innovation |
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Dudley Improvement Practice

Job Summary

The Rheumatology Department is seeking to appoint an enthusiastic and driven part-time Health Psychologist to join their multidisciplinary team. The post holder will be joining one of the largest and busiest rheumatology teams in the West Midlands, offering adolescent and adult

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| CARE <small>A CARING, KIND AND COMPASSIONATE PLACE: We will support people to have joy in work and to treat each other with compassion and kindness.</small> | RESPECT <small>A PLACE WHERE COLLEAGUES RESPECT ONE ANOTHER: We will behave with respect towards everyone we meet to encourage an inclusive culture where we all believe in and live by our Trust values.</small> | RESPONSIBILITY <small>A WORKFORCE FOR NOW AND THE FUTURE: Making Dudley the place people want to be and stay because everyone has a role to play and takes responsibility for themselves and their teams.</small> |
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rheumatology services with a wide spectrum of specialist and inter-disciplinary clinics (for early RA, seronegative arthropathy, connective tissue disease, vasculitis, musculoskeletal ultrasound, osteoporosis, scleroderma, renal, respiratory and orthopaedics). The department is staffed by a full multi-disciplinary team of rheumatology consultants, junior doctors, specialist rheumatology nurses, physiotherapists, occupational therapists and an existing Health Psychologist. Health Psychology has long been advocated as an essential component of the rheumatology multidisciplinary team, but only a few centres nationwide have been able to deliver this service. Dudley have pioneered Health Psychology staffing within the rheumatology team; the current postholder is retiring, hence this exciting opportunity has arisen to join a team where health psychology is already embedded and established. The team are looking for an individual who is committed to rheumatology and holistically supporting our patients with chronic conditions.

This is a part-time post (2 days; 0.4WTE) and would fit in well with a portfolio career.

Structure Chart

The Department of Rheumatology is within the Ambulatory Care Directorate in the Medicine and Community division at The Dudley Group NHS Foundation Trust. The management team consists of a Clinical Director (Dr N Erb) supported by the Medical Service Head for Rheumatology (Dr Holly John) together with divisional and specialty non-clinical managers.

Principal Duties & Responsibilities

1. Demonstrate interest in the care of patients and the specialty, within the multidisciplinary team set up and an agreed job plan.
2. The post holder will have highly developed specialist knowledge as outlined in the person specification. This will have been acquired by formal training and accreditation leading to full (Stage II) Chartership which allows registration with the Health and Social Care Professions Council – a core requirement for working within the NHS.
3. Additional specialist training in talking therapies (for example CBT; ACT; Motivational Interviewing; Mindfulness) is necessary.
4. The post holder should be familiar with engaging in and facilitating reflective practice.
5. To offer, as appropriate, one to one and group psychology interventions.
6. Respect the opinion of all the multidisciplinary team.
7. To support patients along agreed evidence-based care pathways



8. To develop and maintain effective working relationships with colleagues from other teams within the Dudley Clinical Hub.
9. Be involved in departmental administration.
10. Commit to the governance activities of the department, including recording, reporting and investigating clinical incidents and complaints.
11. Help and contribute to the research efforts of the department.
12. Help and contribute to the educational activities of the department.
13. Support multidisciplinary audit.
14. This job description may be reviewed from time to time in light of developments and may be amended in consultation with the post holder.

Organisational Values

The post holder will:

Care: You will listen, be respectful and treat others with compassion and kindness.

Respect: You will behave with respect to everyone you meet and encourage an inclusive culture where we respect the contribution everyone makes.

Responsibility: You will take responsibility for yourself and your team.

There may also be a requirement to undertake other similar duties as part of this post to provide a quality service. These will be consistent with the level of responsibilities outlined above.

This job description may be reviewed from time to time considering developments and may be amended in consultation with the post holder.

Location

The Trust provides services from different sites. You may be expected to work at any of the Trust locations. These include Russells Hall Hospital, Dudley Guest Hospital and Corbett Hospital as well as various community-based sites across the borough.

Code of Conduct

It is expected that all staff would be able to show that they live our trust values in their work and that they will deliver the essential behaviours in their role.

Staff are expected to adhere to Trust policies and procedures which establish standards of good practice as well as follow any codes of conduct which are relevant to their own profession.



Equality, Diversity, and Inclusion

All Trust staff have a responsibility to embrace the diverse cultures of both our staff and the communities that we serve, and as such, all staff should ensure that equality, diversity, and inclusion are embedded in their work philosophy and reflected in their behaviour. Equality, Diversity, and inclusion are pivotal to the values and vision of the Dudley Group so that they shape everything that you do every single day.

Safeguarding Children and Adults

All Trust staff have a responsibility to ensure the safeguarding of children, young people, and vulnerable adults. This includes attending statutory and mandatory training, adhering to local Safeguarding Children and Adults policies and procedures and inter-agency guidance as showed in the Trust's Safeguarding policies and procedures.

Improvement Practice

The trust has a long-term commitment to its continuous quality improvement programme; "Dudley Improvement Practice." As part of your role, you will be asked to take part in improvement activity relevant to your post.

No Smoking

The Trust is a completely Smoke Free Organisation and all premises will be considered No Smoking Zones.

Health and Safety

The Trust has a duty of care to employees and will ensure that, as far as is practical, adequate training, facilities and arrangements for risk avoidance are in place.

It is the individual employee's responsibility, however, to manage their own health and wellbeing.

All Trust employees must follow relevant Health and Safety legislation and the Trust's policies relating to Health & Safety and Risk Management.

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| Prepared by: | Dr Holly John |
| Date: | 4/7/24 |
| Job evaluation completed: | |
| Job evaluation reference number: | |

