

PERSON SPECIFICATION

JOB TITLE:	Health Psychologist
JOB BAND:	7

Qualifications & Education	Weighting (Essential or Desirable)
Undergraduate degree conferring Graduate Basis for Chartered Membership (previously GBR) OR evidence of conversion course (BPS accredited).	Essential
Masters degree in Health Psychology conferring Stage 1 Chartership.	Essential
Stage II Chartership via BPS accreditation either by the independent route or PhD or PsyD.	Essential
Eligible for registration with the Health and Social Care Professions Council (HSCPC)	Essential
Member of the Division of Health Psychology within the British Psychological Society	Desirable
Member of the British Society for Rheumatology	Desirable
Knowledge and Training	Weighting (Essential or Desirable)
Be able to directly deliver and develop highly specialist health psychology services within a rheumatology department	Essential
Assess, develop and implement one-to-one health specialist psychological interventions; such as adjusting to a chronic disease, adjusting to long-term medication, mood disorders, symptom management, needle-phobia	Essential
Deliver group therapy, alongside our Physiotherapy and Occupational therapy team	Essential
Have specialist training in talking therapies (for example CBT; ACT; Motivational Interviewing; Mindfulness)	Essential
Be familiar with engaging in and facilitating reflective practice.	Essential
Able to liaise with the MDT and other agencies to provide care & advice to service users.	Essential
Experience	Weighting (Essential or Desirable)
Significant clinical experience as a Health Psychologist within the NHS, experienced in long term conditions	Essential
Previous experience within Rheumatology	Desirable
Communication & Relationship Skills	Weighting (Essential or Desirable)
Providing and receiving highly complex, highly sensitive or highly contentious information where there are significant barriers to	Essential

acceptance which need to be overcome using the highest level of interpersonal and communication skills, such as would be required when communicating in a hostile, antagonistic or highly emotive atmosphere.	
Analytical & Judgement Skills	Weighting (Essential or Desirable)
The ability to exercise judgement in assessment and formulation, identifying the relative impact of highly complex conditions, events or situations. Formulating an appropriate outcome where comparing a range of options may be required, even where information may be limited.	Essential
Planning & Organisational Skills	Weighting (Essential or Desirable)
Ability to plan and develop complex activities and group programmes, alongside colleagues	Essential
Plan and prioritise own patient workload	Essential
Plan research programmes and activities	Desirable
Equality, Diversity, Inclusion and Trust Values	Weighting (Essential or Desirable)
Able to provide safe, caring, and effective services	Essential
Values and behaviours that reflect the Trust values of Care, Respect and Responsibility	Essential
Commitment to creating a diverse and inclusive workplace that is free from discrimination and where people feel they belong and their contribution is valued	Essential

Prepared by:	Dr Holly John
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